

Tami Rigterink

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EDUCATION

- Ph.D.** Developmental Psychology, University of Washington (2013)
Dissertation Title: “Stress physiology and trauma symptoms in children exposed to intimate partner violence”
Advisor: Lynn Fainsilber Katz, Ph.D.
- Quantitative Minor (2011)
- Ed.M.** Risk and Prevention: Childhood Track, Harvard University (2005)
- B.A.** Psychology, with distinction, University of Michigan (2001)

HONORS AND AWARDS

Hunt Fellowship Recipient, University of Washington, 2010

American Psychological Association Student Travel Award Recipient, 2007

Top Scholar Research Assistantship, University of Washington, Winter Quarter, 2005

Julia Henning Conger Scholarship Recipient, Grand Rapids Federation of University of Michigan Alumnae Clubs 1999-2000; Full tuition scholarship

TEACHING AND MENTORING

Affiliate Professor, Calvin University:

- Responsible for course development, teaching, grading, and record maintenance.
 - **Introduction to Psychology** (Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018)
 - **Developmental Psychology: Lifespan** (Fall 2017, Spring 2018, Fall 2018, Spring 2019)
 - **Psychological Perspectives on Marriage and the Family** (Spring 2019)

Teaching Assistant, University of Washington:

- **Introduction to Psychology** (Autumn 2005, Spring 2006, Winter 2007): Responsibilities included teaching a guest lecture, conducting exam review sessions, creating exam questions, holding weekly office hours, and teaching weekly lecture review sessions.
- **Research Methods** (Summer 2008): Taught weekly lab sessions which included instruction on statistics using Excel, research design and implementation, and use of academic databases.
- **Abnormal Psychology** (Autumn 2007): Responsibilities included leading weekly discussion sections focusing on case studies of psychological disorders, holding weekly office hours, evaluating case study papers, and conducting exam reviews.
- **Psychobiology of Women** (Spring 2008): Responsibilities included facilitating weekly discussion sections on current issues related to the psychobiology of women, holding weekly office hours, and conducting exam reviews.
- **Linear Models and Data Analysis** (Winter 2008): Graduate level course; responsibilities included teaching weekly lab sessions demonstrating statistical software and holding weekly office hours.

Undergraduate Mentoring, University of Washington

- **Honor's Thesis Mentor**
 - (2009-2010): Hillary Robbins: Project Title: Domestic Violence and Post-Traumatic Growth In Children: High baseline vagal tone predicts greater change in anger awareness
 - Mentored in all aspects of project from literature review to data analysis to writing of manuscript and presentation of project.
 - (2009-2010): Joy Kawamura: Project Title: Parenting Stress and Child Adjustment in Acute Lymphocytic Leukemia Survivors: The Mediating Role of Parenting Behaviors
 - Mentored statistical analyses.
- **Supervisor and Research Mentor for Undergraduates**
 - (2005-2009): Recruited, trained, and supervised undergraduate research assistants. Mentored and trained students on all aspects of research projects including data collection, data entry, statistical analyses, facilitation of experiments, interviews, behavioral coding, and physiological data collection.

RESEARCH EXPERIENCE

Graduate Research Assistant, University of Washington, 2005-2009

Family and Friends Lab

- Family and Friends Project (2005-2008)
 - Responsibilities included creating datasets, behavioral coding of interviews on parent and child emotion, physiological data reduction, training and supervision of undergraduate research assistants, and manuscript preparation.
- Domestic Violence and Stress Reactivity Project (2005-2007)
 - Responsibilities included facilitating laboratory sessions with mothers and children, conducting interviews with parents on emotion, coding parent emotion interviews, behavioral coding of child participants, training and supervision of undergraduate research assistants, physiological data reduction, and presentation of project findings.
- Emotion Coaching Intervention (2005-2009)
 - Responsibilities included conducting focus groups with local domestic violence agency clients, creation of weekly fidelity measures for a 12 week intervention, facilitating laboratory sessions with mothers and children exposed to domestic violence, conducting interviews on emotions with mothers, coding of emotion interviews, behavioral coding of mother-child interactions, physiological data reduction, collection and assaying of children's saliva, training, recruitment, and supervision of undergraduate research assistants, and manuscript preparation.
- Coding Manager
 - Managed numerous behavioral coding projects ongoing in the lab including the training of graduate and undergraduate students on coding systems, reliability testing, and point of contact for researchers interested in purchasing coding systems.

Supervisor: Lynn Fainsilber Katz, PhD

Independent Contractor, Loving Couples, Loving Children, 2007

- Conducted literature review on topics related to an intervention for couples who had adopted or foster children.

Supervisor: Michelle Malarney, PhD

Graduate Research Assistant, Harvard University, 2004-2005

Developmental Pathways Project

- Collected observational data on children in a classroom setting
- Coded children's free play behavior for social competence and levels of cognitive play
- Assisted in the collection of saliva for cortisol determination
- Analyzed quantitative and qualitative data

Supervisors: Catherine Ayoub, EdD and Gabrielle Rappolt-Schlichtmann, Ed.M., EdD

WORK EXPERIENCE

Tarrant Council on Alcoholism and Drug Abuse, Fort Worth, TX, 2002-2004

- Prevention Specialist
 - Taught and facilitated small groups composed of elementary students at risk for substance abuse
 - Discussion topics included goal-setting, resisting peer pressure, making positive choices, support networks, and coping skills.

VOLUNTEER EXPERIENCE

- **School Board Member, Grandville, MI, 2017-present**
 - Grandville Calvin Christian Schools
 - Curriculum Council member: Responsibilities include selecting new courses for the high school and examining new pedagogical methods to enhance teaching across all grades and ability levels.
- **Preschool Sunday School Teacher, Hudsonville, MI, 2013- present**
 - Fair Haven Church
- **High School Youth Sponsor**
 - University Presbyterian Church, Seattle, WA, 2008-2009
 - First Presbyterian Church, Fort Worth, TX, 2002-2004
 - Hemphill Presbyterian Church, Fort Worth, TX, 2003-2004
- **Middle School Sexual Education Class Co-Instructor, Fort Worth, TX, 2003**
 - First Presbyterian Church of Fort Worth

PUBLICATIONS

- Katz, L.F., & **Rigterink, T.** (2012). Domestic violence and emotion socialization. *Monographs of the Society for Research in Child Development, 77*, 52-60.
- **Rigterink, T.**, Katz, L.F., & Hessler, D. (2010). Domestic violence and longitudinal associations with children's physiological regulation abilities. *Journal of Interpersonal Violence, 25*, 1669-1683.

PRESENTATIONS

- **Rigterink, T.** & Katz, L.F. (2013, April). Stress Physiology and Trauma Symptoms in Children Exposed to Intimate Partner Violence: A Preliminary Investigation. Poster presented at the Society for Research in Child Development 2013 Biennial Meeting, Seattle, WA.

- **Rigterink, T.** & Katz, L.F. (2009, April). Hypothalamic-Adrenal-Pituitary Axis Reactivity and Child Depressive and Internalizing Symptoms: Sympathetic Reactivity as a Moderator. Poster presented at the Society for Research in Child Development 2009 Biennial Meeting, Denver, CO.
- Katz, L.F., & **Rigterink, T.** (2009, April). Domestic violence and adolescent adjustment: The moderating role of sympathetic nervous system reactivity. Paper presented at the Society for Research in Child Development 2009 Biennial Meeting, Denver, CO.
- Katz, L.F., Stevens, A., Maas, C., Hunter, E., **Rigterink, T.**, & Cleary, R. (2008, February). Domestic Violence: An Emotion Coaching Parenting Intervention. Poster presented at the American Psychological Association's Summit on Violence and Abuse in Relationships: Connecting Agendas and Forging New Directions, Bethesda, MD.
- **Rigterink, T.** & Katz, L.F. (2007, March). Domestic Violence and Children's Physiological Regulation Abilities over Time. Poster presented at the Society for Research in Child Development 2007 Biennial Meeting, Boston, MA.
- **Rigterink, T.**, Cleary, R.P., & Katz, L.F. (2007, August). Stress-Reactivity and Child Coping in the Face of Violence: The Interaction between Cortisol and Alpha-Amylase. Poster presented at the American Psychological Association's 115th Annual Convention, San Francisco, CA.
- Cleary, R.P., **Rigterink, T.**, Katz, L.F., Keith, M., & Roth, J. (2007, August). Parenting Buffers Relations between Domestic Violence and Child Behavior Problems. Poster presented at the American Psychological Association's 115th Annual Convention, San Francisco, CA.

AD HOC REVIEWER

- Journal of Family Psychology

REFERENCES

Available upon request.